



NATIONAL AYURVEDIC  
MEDICAL ASSOCIATION



# 2021/2022 ANNUAL REPORT

Advancing the Profession of Ayurveda

# EXECUTIVE DIRECTOR REPORT AND OVERVIEW

## HILARY GARIVALTIS, CAP



The 2021/2022 fiscal year was yet another year of adjustment for our community as we strove to respond to the persistent effects of COVID on our schools, practices, and events. Schools still needed to offer virtual classes and clinics. Professionals continued to optimize their sessions for online learning, and “hybrid” versions of events evolved that included in-person and virtual options for attendees. All of us continue to focus on remaining nimble while we adapt to ever changing landscapes and experiences.

August 2021 marked the official birth of the independently operated National Ayurvedic Medical Accreditation Council (NAMAC), which launched a new and exciting phase for the Ayurvedic profession. NAMA will continue to support their growth through donation of funds and regular meetings until they are able to fully support their own endeavors. At the close of the fiscal year, the council announced that they are ready to step into the role NAMA has held for the schools by taking the NAMA-recognized programs under their wing and will be accepting applications from candidates for accreditation. This will elevate not only the schools and their programs but also the profession as a whole and is a necessary step on the longer-term path of establishing licensure for Ayurvedic professionals in the United States. We are so proud of what NAMAC has accomplished and are thrilled that our schools will be transitioning into such qualified and supportive hands.

The National Ayurvedic Medical Certification Board (NAMACB) entered its fifth official year in operation and opened up the application process for the Ayurvedic Doctor beta exam. This is the hallmark exam for the most highly trained professionals in our field and took many years to build. The board officially launched the beta exam in February 2022 and hopes to have a complete and qualified AD exam by June 2023.

These accomplishments are the culmination of 22 years of unstinting effort by hundreds of volunteers and staff members.

As we continued to negotiate the pandemic, we launched our first hybrid conference at a beautiful resort in the foothills of Tucson, bordering an amazing national park full of saguaro cactus. We had a wonderful showing of folks at the live event and almost as many that joined us virtually. It felt so wonderful to be together again, and the energy and connection could not have been more vibrant.

Please explore the full Annual Report for all our updates and overview of our endeavors and, once again, thank you to all our staff and volunteers for another amazing year!

In great appreciation,

Hilary Garivaltis, CAP

## SECRETARY'S LETTER - HEATHER GRZYCH



As your Secretary, it is my duty to ensure that all required records of the National Ayurvedic Medical Association (NAMA) are up to date and filed as needed to maintain our status as a 501(c)(6) nonprofit organization. Additionally, I oversee the timely submission of our biannual filing of documentation of NAMA's continuing operation as a California corporation.

Thank you for the opportunity to serve all of you and for your love of Ayurvedic medicine. We are all in this together, and therefore we share in the bounty of this special profession that is emerging in the United States.

Yours Sincerely,

Heather Grzych, CAP

## FINANCIAL/TREASURER'S REPORT - JAYARAJAN KODIKANNATH



I have worked this past year with Hilary Garivaltis, NAMA's Executive Director; NAMA's bookkeeper; and our Secretary in overseeing NAMA's financial reports and assisted in the preparation of the 2022-2023 fiscal year budget, which was approved by the NAMA Board of Directors. NAMA's revenue comes principally from membership dues, the Annual Conference, sponsors, school program listing fees, and credentialing exam fees.

NAMA had a net worth of \$350,795 beginning July 1, 2021, and ending on June 30, 2022, at \$262,160. NAMA had total income of \$420,053 and expenses of \$507,712 resulting in a net loss of \$87,658.72, which was a significant improvement over the forecasted loss of \$142,534. This loss was approved due to important management investments and continued support of two of NAMA's important initiatives—certification and accreditation. The NAMA Board of Directors retains an accounting firm to prepare the tax returns on our behalf. NAMA is current with all required filing and reporting requirements.

[See P&L Report →](#)

Respectfully Submitted,  
Jayarajan Kodikannath, BSc, BAMS, AD  
NAMA Treasurer  
Member, NAMA Board of Directors

NAMA  
21-22  
FY  
P&L

TOTAL

Ordinary Income/Expense

Income

4100 · Contribution Income	
Total 4100 · Contribution Income	22.79
5100 · Program Service Fees	
Total 5100 · Program Service Fees	42,297.00
5200 · Membership Dues	
Total 5200 · Membership Dues	202,653.75
5310 · Interest	122.48
5440 · Gross Sales - Inventory	11,633.70
5445 · Cost of Inventory Sold	0.00
5450 · Advertising Revenue	2,500.00
5490 · Miscellaneous Revenue	0.00
6000 · Conference Income	
6005 · Conference Registration	
Total 6005 · Conference Registration	106,623.53
6400 · Conference Sponsorships	42,500.00
6500 · Conference Exhibitor	11,000.00
6600 · Conference Income Other	
Total 6600 · Conference Income Other	700.00
Total 6000 · Conference Income	160,823.53
6700 · Event Income	
Total 6700 · Event Income	0.00
6999 · Deferred Revenue Adjustment	0.00

Total Income 420,053.25

Expense

7010 · Contracts - Program Related	0.00
7020 · Grants to Other Organizations	45,920.00
7040 · Awards & Grants to Individuals	0.00
7060 · Benefits Paid to or for Members	9,562.00
7100 · Program Service Expense	
Total 7100 · Program Service Expense	4,080.00
7200 · Membership Dues Expense	
Total 7200 · Membership Dues Expense	8,179.68
7400 · Payroll and Related	
7410 · Salaries and Wages	
Total 7410 · Salaries and Wages	179,994.63
7450 · Payroll Taxes	
Total 7450 · Payroll Taxes	15,948.12
7400 · Payroll and Related - Other	0.00

<b>Total 7400 · Payroll and Related</b>	195,942.75
<b>7500 · Professional Fees</b>	
<b>Total 7500 · Professional Fees</b>	67,903.50
<b>8100 · General &amp; Administrative</b>	
<b>Total 8100 · General &amp; Administrative</b>	7,218.20
<b>8200 · Facilities</b>	
<b>Total 8200 · Facilities</b>	4,763.92
<b>8300 · Meetings Fees &amp; Travel</b>	
<b>Total 8300 · Meetings Fees &amp; Travel</b>	15,693.14
<b>8520 · Insurance</b>	
<b>Total 8520 · Insurance</b>	5,218.41
<b>8540 · Development</b>	
<b>Total 8540 · Development</b>	0.00
<b>8560 · Outside Computer Services</b>	
<b>Total 8560 · Outside Computer Services</b>	11,618.65
<b>8570 · Advertising</b>	
<b>Total 8570 · Advertising</b>	60.82
<b>8590 · Miscellaneous Expense</b>	392.26
<b>8610 · Bad Debt Expense</b>	0.00
<b>8650 · Business Taxes</b>	0.00
<b>8660 · Fines, Penalties, Judgements</b>	0.00
<b>8670 · Organizational Expenses</b>	0.00
<b>8680 · Merchant Account Fees</b>	17.00
<b>9000 · Conference Related Expenses</b>	
<b>9009 · Conference Advertising</b>	
<b>Total 9009 · Conference Advertising</b>	311.80
<b>9110 · CE - Postage &amp; Shipping</b>	421.90
<b>9200 · Conference Printing</b>	
<b>Total 9200 · Conference Printing</b>	4,639.31
<b>9400 · Conference Hotel Expense</b>	
<b>Total 9400 · Conference Hotel Expense</b>	74,225.87
<b>9500 · Conference Equipment</b>	
<b>Total 9500 · Conference Equipment</b>	25,330.55
<b>9600 · Conference Presenter</b>	
<b>Total 9600 · Conference Presenter</b>	2,971.04
<b>9700 · Conference Management Expense</b>	
<b>Total 9700 · Conference Management Expense</b>	6,540.73
<b>9800 · Conference Expense Other</b>	
<b>Total 9800 · Conference Expense Other</b>	16,700.44
<b>9000 · Conference Related Expenses - Other</b>	0.00
<b>Total 9000 · Conference Related Expenses</b>	<u>131,141.64</u>
<b>Total Expense</b>	<u>507,711.97</u>

<b>Net Ordinary Income</b>	-87,658.72
<b>Other Income/Expense</b>	
<b>Other Income</b>	
<b>PPP Grant Income</b>	<u>0.00</u>
<b>Total Other Income</b>	0.00
<b>Other Expense</b>	
<b>9999 - Uncatagorized Expense</b>	<u>0.00</u>
<b>Total Other Expense</b>	<u>0.00</u>
<b>Net Other Income</b>	<u>0.00</u>
<b>Net Income</b>	<u><u>-87,658.72</u></u>

# NAMA Committees

NAMA has several committees and subcommittees operating on a volunteer basis, with over 70 individuals engaged. All the NAMA committees and summaries of their work for the year are listed below.



## STRATEGIC PLANNING AND FUNDRAISING COMMITTEE REPORT

**Chair:** Margrit Mikulis, ND, AD, and Amish Shah

**Members:** Hilary Garivaltis, CAP; Heather Grzych, CAP; Susan Weis-Bohlen (General); Manas Kshirsagar, AD

The Strategic Planning and Finance Committee works to ensure the financial stability of the organization while also evaluating strategies that could help it grow. We focus on key corporate areas, including conference growth, membership growth, fundraising campaigns, and credentialing plans.

The ongoing work of the Strategic Planning and Fundraising Committee is to update the strategic plan annually and help prepare the annual budget and arrange the board retreat.



## MEMBERSHIP COMMITTEE REPORT

**Chair:** Jolynne Flores

**Members:** Ginger Hooven, CAP, AYT, C-IAYT, Chair of Schools Subcommittee; Shannon Kelly, Vice-Chair of Schools Subcommittee; Madison Madden, AD, Chair of Professional Members Subcommittee; Rucha Kelkar, PT, DPT, BAMS, AD, Chair of BAMS Task Force; Sirisha Nishtala, Chair of Students Subcommittee; Beena Vesikar, BAMS, AD; Eleanor K. Wannemacher, CAHC; Nicole Peterson, CAP; Sina Firouzi, MD, CAP; Monika Manohar, BAMS, AD; Purvi Vyas, BAMS, MD (Ayu), PhD (Ayu), AD; Rasika Sonaji, BAMS; Sheena Sooraj, BAMS; Vandana Baranwal, BAMS, MD (Ayu); Aubrey Maryniak; Haley Tompsett; Ivana Kostic; Terra Appleton; and Zahir Sutarwala

The Membership Committee assesses NAMA's membership goals, requirements, and benefits and the dues levels needed to support the growth and viability of all segments of our membership: professional, students, general, and organizational (e.g., schools, service providers, and vendors). Our goals of increasing the retention rate and attracting new members in all membership categories entail the following responsibilities:

- Providing input to the processing and approval of new Professional Members throughout the NAMACB examination process for CAHCs and CAPs and the forthcoming CADs
- Supervising the processing and approval of AD applicants
- Serving all Certified Non-members until the NAMACB is able to do so
- Serving Lapse Members (i.e., formerly board-certified professionals) through the process of regaining their board certification
- Overseeing the processing and approval of new Student Members by ensuring that each applicant is a currently enrolled Ayurvedic student in a qualifying program
- Overseeing the communication of the NAMACB exam process to Student and General Members
- Supervising the processing and approval of new schools seeking to offer NAMA- recognized programs
- Working with Ayurvedic schools to support their efforts to provide a NAMA-recognized education and helping them to promote Student Membership
- Providing valuable and consistent communications to members in partnership with the Communications Committee through weekly ENEWS and website postings
- Overseeing NAMA's annual board of directors election process
- Overseeing NAMA's and the NAMACB's volunteer process, which is currently served by nearly 100 volunteers



## FY 2021-2022 Highlights

- Supported the launch of the NAMACB AD beta exam, which launched February 1, 2022, by requiring that any new NAMA AD member first take the AD beta exam
- Reconstituted the Ayurvedic Yoga Therapy Subcommittee, which shares jurisdiction with the Standards Committee
- Reopened the Ayurvedic Yoga Therapist grand parenting designation for Professional Members
- Oversaw Students Subcommittee as they continued on-boarding new Student Members and reached out to over 500 students
- Supported Schools Subcommittee in sharing best online practices while continuing to move toward the new NAMA Standards, which were in effect in mid-2021 and January 2022

## Membership Numbers

Total membership: 7 percent decrease

July 1, 2021 - 1,635

July 1, 2022 - 1,527

Professional Membership: 7 percent decrease

July 1, 2021 - 907

July 1, 2022 - 840

Student Membership: 11 percent decrease

July 1, 2021 - 487

July 1, 2022 - 431

**Retention Rate - 69%**

# MEMBERSHIP SUBCOMMITTEES

## STUDENTS SUBCOMMITTEE

**Chair:** Sirisha Nishtala, AD Student

The Students Subcommittee continued to on-board all new Student Members. To date it has reached out to over 500 new Student Members. In parallel with the Professional Members Subcommittee, it continued to host bimonthly mingles, events where Professional Member speakers are invited to share their experiences on a particular topic. Student Mingles remain very popular events that typically draw 40-60 attendees. They have been highly successful and a meaningful learning and networking opportunity outside of our schools. Students were also a key contributor to the NAMA-recognized fellowship program white paper.

*Note: After two years of continuous efforts, NAMA's staff needed to end the Students Subcommittee due to an inability to find replacement leadership. New leaders typically come from the membership ranks. New subcommittee members needed to have at least a year of school remaining to serve on the subcommittee. Eager students continued to volunteer to serve on the subcommittee, but too many ended up so overcommitted that they needed to step down from their volunteer role or found they had to quit school. Those that were able to stay as volunteers were unable to commit the additional time and energy needed to move into leadership. For the above reasons, the staff had to end the subcommittee. It hopes to find alternative ways to incorporate the student voice across NAMA.*



## PROFESSIONAL MEMBERS SUBCOMMITTEE

**Chair:** Madison Madden, AD

By the end of the fiscal year, the subcommittee was ready to launch the third annual “How You Practice Survey” to all Professional Members. Results of the prior years’ surveys have been used to inform decisions and events throughout the organization. In parallel with the Students Subcommittee, it continued to create and host Professional Member “mingles,” now completing their second year, as an effort to foster member engagement and peer-to-peer community building. The subcommittee met, led, and produced a white paper for a NAMA-recognized fellowship program that, if carried forward, could lead to an increase in the number of clinically trained Professional Members. The white paper was sent to the Standards Committee for further development. Lastly, the subcommittee was an important contributor to the achievement of the 90 percent of Professional Members who completed their PACE requirements. Subcommittee members reached out to many of their peers via email and text to encourage them to accomplish this goal.

## BAMS TASK FORCE

**Chair:** Rucha Kelkar, PT, BAMS AD, AYT, DPT

The BAMS Task Force spent much of the year requesting and preparing to launch NAMA Grand Rounds to provide the membership with opportunities for clinical discussions. The Task Force began with a presentation to NAMA on the value of offering such an event. Grand Rounds are clinically focused and will feature some of NAMA’s most accomplished Ayurvedic Doctor members. The Task Force members were careful to clearly differentiate this new event from the Annual Conference. The first Grand Rounds aired in November 2022 as a beta event. The Task Force then worked to set a permanent schedule.

## SCHOOLS SUBCOMMITTEE

**Chair:** Ginger Kamalesh Hooven, CAP, AYT



This past year the Schools Subcommittee focused on *satsang*, creating a community of colleagues to help one another with concrete ideas for continuing to navigate the effects of the pandemic. We shared best online practices while continuing to move toward the new NAMA Standards, which were set to go into effect in mid-2021 and January 2022. We shared our challenges with one another, discussed Clinical Encounters, reviewed Scope of Practice, and shared a series of Curriculum Development Meetings. Due to the move of school programs from being NAMA recognized to NAMAC recognized as of September 2022, the Schools Subcommittee last met in April 2022.

### Focus for FY 2022-2023

- Continue to support AD beta exam process
- Launch Grand Rounds
- Complete third iteration of Professional Members Subcommittee “How Do You Practice” survey
- Return many formerly board-certified members from lapse back to board certification and Professional Membership before the first group in lapse term ends on 12/31/22

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## COMMUNITY AND CONTINUING EDUCATION COMMITTEE REPORT

The Community and Continuing Education Committee manages and implements NAMA’s Professional Ayurvedic Continuing Education (PACE) program, which is a requirement for all Professional Members. More specifically, this committee does the following: reviews/creates/edits policies related to PACE, pursues reciprocity with other organizations that require CEs, develops new avenues for members and the public to participate in PACE, and oversees the monthly Seminars in Ayurveda series.

## SIA SUBCOMMITTEE

**Chair and Co-chair:** Arya Hawkins, CAP, and Laila Jewayni, CAHC

**Members:** Pradeepa Rayasam, CAP, and Sushma Jakkula, BAMS, AD

### Accomplishments

- Created opportunity for PACE providers to boost their listings
- Supported the posting and sale of past Conference videos for continuing education
- Continued to vet new Seminar in Ayurveda presenters
- Produced 10 Seminar in Ayurveda events

# DIVERSITY AND INCLUSION COMMITTEE REPORT

**Chair:** Alakananda Ma, AD, and Chara Caruthers, CAP

**Members:** Ana Castle; Jolynne Flores; Sandhiya Ramaswamy, AD; Erin Douglas; Anuradha Gupta, CAP; David Yoss; Jamila Colozzi

It's been a big year for DEI! Lots of movement has happened within and around the committee and our work has been an expression of our dedication to keeping diversity, equity, and inclusion front of mind for the organization and the greater Ayurveda community. Over the course of the year, we doubled our committee membership, which allowed us to expand the scope of our projects into all aspects of the organization and set our sights high for what will be possible in the year ahead.



Milestones included the following:

- Approval of our DEI statement by the board in early 2022
- Update of our committee name from D&I to DEI (Diversity, Equity & Inclusion)
- Creation of NAMA member spotlights for Black History and Gay Pride Months
- Development of a high-level committee strategic plan with project teams and goals
- Hosting of our first Conscious Conversation event for the NAMA membership (with record registrations and attendance) on the subject of Cultural Appropriation, featuring esteemed guests and members of the Ayurveda community (Dr. Robert Svoboda, Dr. Claudia Welch, and Dr. Ramkumar Kutty)
- Development of a set of Community agreements to cultivate safe space for open, honest, and courageous communication within our DEI Committee meetings and our public gatherings with NAMA members (i.e., Conscious Conversations)

Additionally, we have begun planning for the 2022/23 year with more awareness-building initiatives in the works, a potential DEI survey of the NAMA community, and the creation of DEI competencies, which would provide guidelines for awareness and action around social justice issues for NAMA members and partner organizations.

It's also important to mention that although the work we're doing is not without its challenges, we have bonded as a group and have enjoyed getting to know and work with each other. Every member of the committee brings a different viewpoint and offers a unique face to the overall picture of our diverse Ayurvedic community. We all greatly respect each other's opinions and experience, which has made for a powerful and focused team. And we plan to build on the momentum created this year to continue doing great work in the year ahead.

## STANDARDS COMMITTEE REPORT

**Chair:** Anupama Kizhakkeveetil, BAMS, PhD, AD, MAOM, Lac, C-IAYT

**Members:** Jayarajan Kodikannath, BAMS, AD; Jyoti Cchabra, CAP; Archana Kulkarni, BAMS, MD (Ayu), AD; Sneha Raichada, CAP; Hilary Garivaltis, CAP; Marie-Josephine Royall-Scheck

The NAMA Standards Committee continued to work on editorial refinements to our various Competency Guidelines, Scope of Practice (SOP), and definitions documents to ensure ease of use for all parties. We have focused specifically on clarifying the Sanskrit requirements, the Business of Ayurveda, and Medical Ethics, which up until now have been implicit rather than explicit. We have also worked to create a teacher qualifications document. These updates will all be implemented as new standards with an 18-month rollout for the schools and overseen by the newly instated National Ayurvedic Medical Accreditation Council (NAMAC).

## STANDARDS SUBCOMMITTEES

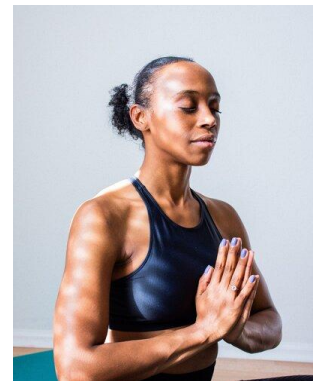
### AYURVEDIC YOGA THERAPIST SUBCOMMITTEE

**Chair:** Susan Bass, CAP, AYT, C-IAYT

**Members:** Julia Abramova, CAHC, AYT; Chaya Heller, CAP, C-IAYT, LMT; Jeff Perlman, CAP, AYT, LMT; Cory Tixier, CAP, AYT; Carolina Dear, CAP, AYT

The AYT Subcommittee continued to review applications for AYT programs. It is working on an interim application path for professionals to join as AYT Professional Members.

All AYT programs will now work with NAMAC as their oversight body.



### PROGRAM REVIEW SUBCOMMITTEE

**Chair:** Hilary Garivaltis

**Members:** Jayarajan Kodikannath, BAMS, AD, AYT; Hilary Garivaltis, CAP; Anupama Kizhakkeveetil, BAMS, PhD, AD, MAOM, Lac, C-IAYT

The Program Review Subcommittee reviews all new applicants for the three professional categories: Ayurvedic Health Counselor, Ayurvedic Practitioner, and Ayurvedic Doctor. This committee was dissolved in late 2022 as this task will be overseen by NAMAC moving forward.

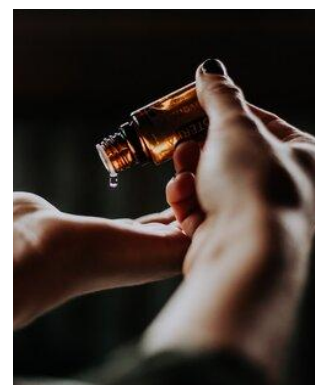


### PANCHAKARMA SUBCOMMITTEE

**Chair:** Margrit Mikulis, ND, AD

**Member:** Allison Bransfield-Morse, AD

This subcommittee finalized the details for the PKT application, which will be launched in 2023.



## GOVERNANCE COMMITTEE REPORT

**Chair:** Cynthia Copple, AD

**Members:** Cynthia Copple, AD; Wynn Werner; Dhaval Dhru, MD, AD; Devi Mueller, CAP; Hilary Garivaltis, CAP

This is an ad hoc committee that meets when policies need to be either written or updated. The major work was done in the 2020-2021 FY; the committee did not meet during the 2021-2022 FY term.

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## 2022 CONFERENCE AND EVENTS COMMITTEE REPORT

**Chair:** Hilary Garivaltis, CAP

**Members:** Jayarajan Kodikannath, BSc, BAMS, AD; Kathy Jo Staheli, AD; Anupama Kizhakkeveetil, BAMS, PhD, AD, MAOM, Lac, C-IAYT; Margrit Mikulis, ND, AD; Susan Weis-Bohlen; Olga Kelly, CAHC



The 2022 Conference was held in Tucson, Arizona, this past year. The theme was Ayurveda for Family Health.

We had 3 pre-Conference practicums, 15 sessions for the main Conference, and 1 post-Conference session with 39 speakers from both India and the United States represented. We had over 150 in-person attendees and over 150 virtual attendees from across the United States, Canada, and India.

We want to thank all our sponsors. We cannot run our events without them.

- Kottakkal USA
- Kerala Ayurveda
- Banyan Botanicals
- The Ayurvedic Institute
- Athreya Herbs
- Mount Madonna Institute

The 2023 Conference will be held in Boone, NC, at the Art of Living Retreat Center on April 28-30, 2023. The theme of the 2023 Conference will be Ayurveda in Modern Times.

NAMA also produced an additional virtual event this past year:

- Ayurveda Day - Ayurveda: Myths and Truths of Sex and Gender: What We Don't Talk About and Probably Should. We had over 350 in attendance.





## NAMACB REPORT

**Chair:** Diana Lurie, PhD, CAP

**Members:** Cynthia Copple, AD; Dhaval Dhru, MD, AD; Shivaram Prasad Vinjamury, BAMS, MD (Ayu), Lac, MAOM, MPH, AD; James Laskin; Ashlesha Raut, BAMS, MD (Ayu), AD; Hilary Garivaltis, CAP; Dhanada Kulkarni, BAMS, AD

The NAMACB made every effort this year to help Ayurvedic professionals achieve certification during the COVID-19 pandemic. It was a very challenging year for everyone, and the NAMACB was very pleased to be able to administer our certification exams to test takers at home on their own computers.

Notably, from July 2020 to June 2021, 23 Ayurvedic professionals took the AHC exam and 19 took the AP exam. A total of 87 percent of AHC test takers have passed, and 95 percent of AP test takers have passed. To date, 82 applicants have taken the AHC exam (75 percent pass rate), and 43 applicants have taken the AP exam (98 percent pass rate).

NAMA welcomed 32 new Professional Members through NAMACB board certification during the current year. We now have 776 board-certified AHC/CAP members.

Highlights of last year include the following:

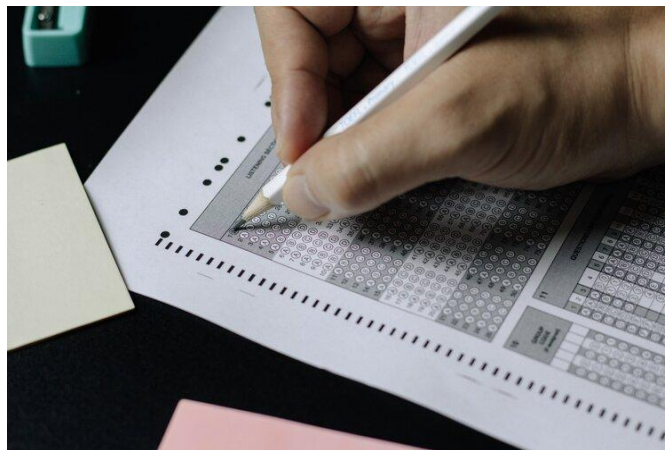
- Online proctoring became available for test takers on their home computers.
- A 20 percent discount on AHC and AP registration fees was offered due to COVID-19.
- The NAMACB Ethics and Disciplinary Review Panel was launched and held its first meeting.
- The AD Beta Exam Subcommittee was formed to specify qualifications for AD exam candidates, develop an AD exam application, and review applications for the exam.
- A 75 percent discount on registration for the certification exam was offered to qualified Ayurvedic school faculty.
- The AD beta exam was launched on February 1, 2022.
- AD study and reference guides were completed.
- Presentations on the NAMACB and the importance of certification for the Ayurvedic profession were delivered at the schools and the Leadership Summit.
- Work on the NAMACB communications plan began.

Goals for the upcoming year include the following:

- Complete and launch the finalized AD certification exam
- Support members' efforts to complete Continuing Education requirements for the 2020-2021 cycle (due December 2021)
- Continue to reach out to and foster a strong working relationship between NAMA-recognized schools and the NAMACB
- Explore novel ways to encourage Ayurveda graduates to take the appropriate board certification exams
- Finalize and implement the NAMACB communication plan

## AD BETA EXAM SUBCOMMITTEE

The AD Beta Exam Subcommittee was formed this fiscal year to create and implement a process to determine eligibility of candidates seeking to take the Ayurvedic Doctor board-certification beta exam. In addition to creating an application, the subcommittee supported NAMACB staff in determining the eligibility of certain applicants' qualifications to sit for the exam on an as-needed basis. The subcommittee created an application checklist for this process to help staff identify which supporting documents and criteria were necessary for each applicant. The AD beta exam was launched on February 1, 2022.



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## NOMINATIONS AND ELECTIONS COMMITTEE REPORT

**Chair:** Jolynne Flores

**Members:** Heather Grzych, CAP; Dhanada Kulkarni, BAMS, AD

Candidates submitted paperwork in May, and the election took place from July 1 through July 31, 2021. Four seats were open and three applications were submitted. The membership voted in Manas Kshirsagar, Monika Manohar, and Sina Farouzi for three-year terms. During each election cycle we have a minimum of four seats open. The NAMA board will determine if they will fill the fourth seat for a period of one year.



## ETHICS COMMITTEE REPORT

### Members:

May 1, 2021 - November 1, 2021: Raja Sivamani, MD; Anupama Kizhakkeveetil, BAMS, PhD, MAOM, Lac, AD; Dhaval Dhru, MD, AD

November 1, 2021 - May 1, 2022: Jayarajan Kodikannath, BAMS, AD; Heather Grzych, CAP; Dhanada Kulkarni, BAMS, AD

May 1, 2022 - November 1, 2022: Anupama Kizhakkeveetil, BAMS, PhD, AD, MAOM, Lac, C-IAYT; Susan Weis-Bohlen; Dinnesh Gyawali, BAMS, PhD, AD

This committee oversees reviews of our Conflict of Interest and Duty of Loyalty forms for all committee volunteers and board and staff members throughout the year and for all new board nominees and also adjudicates any complaints or grievances against NAMA members.

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## RESEARCH COMMITTEE REPORT

**Chair:** Dinesh Gyawali, BAMS, AD

**Members:** Diana Lurie, PhD, CAP; Shraddha Ravani, CAP; Anupama Kizhakkeveetil, BAMS, PhD, MAOM, Lac, AD

The committee intends to promote Ayurveda and continue to both engage the membership with relevant topics of research and attract more members that may see the value of research-backed approaches within Ayurveda. Furthermore, we are committed to moving Ayurveda toward greater credibility and ultimately promoting scientific discourse in a responsible and credible manner.

The committee supported the research presentations at the 2022 Conference.

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## NAMA FUNDRAISING 2021/2022

**Donation Total: \$11,234**

**Ambassador Level \$10,000+**  
Vivekananda Yoga University

**Friend Level (\$25-\$999)**

Loribeth Cohen  
Bela Dhillon  
Mary Edmunds  
Kathy Eichinger  
Hilary Garivaltis

Marcella Gonsalves  
Megan Julienne  
Rayshan Lai  
Mamta Landerman  
Shannon McCall

Hannelore Moebius  
Sandra Nicht  
Ayurvedic Skincare  
Chris Taylor  
Joanne Wohlmuth