

Ayurveda Practitioner

Job Summary

An Ayurvedic Practitioner uses a holistic approach to support clients maintain a healthy life by eliminating impurities, reducing stress, and overcoming imbalances. They focus on the connection of the body, mind, spirit, and environment to promote the well-being of the client and may offer lifestyle advice, massages, yoga, meditation, herbal supplements, counseling, or Panchakarma treatments.

Job Responsibilities

1. Assess the mental, emotional, and physical health of clients through pulse diagnosis, health history, daily routine, diet, and environmental influences according to Ayurvedic principles.
2. Design personalized holistic treatment, including diet, daily routine, herbal supplements, and Panchakarma treatments.
3. Explain to the clients the implications of the treatments, and, if needed, modify them based on the results obtained.
4. Educate and offer lectures to clients and potential clients on principles of Ayurveda, aromatherapy, yoga, meditation, light therapy, etc.
5. Assist in the preparation of products, and in the treatment rooms with clients, not limited to other functions, such as ensuring that the Spa is stocked with fresh and well-maintained supplies, maintaining inventory, and creating content for social media, etc.
6. Support Martha and the team with the organization of the Panchakarma retreats in different venues, making sure every detail is considered for the success of the groups.
7. Care for clients' well-being and treat them as family.
8. Create outstanding customer service and build long-term relationships.

Job Requirements

- Extensive knowledge of Ayurveda and Integrative Medicine.
- Outstanding written and verbal communication skills.
- Sustain a high level of professional mannerism and competence when dealing with clients.
- Good problem-solving, critical thinking, and decision-making skills.
- Exceptional organization, time management, and multitasking abilities.
- Keen attention to detail.