

20th Annual NAMA Conference Sustainable Traditional Medicine



Conference Schedule

Thursday, May 16th, 2024	
1:00 pm - 5:00 pm	Conference Registration Room: Grand Hyatt Reception
3:00 pm - 5:00 pm	Pre-conference Workshop Business Development with <i>Bill Hershey, Business Coach and Business Educator, LifeStream</i> Room: Gore Ballroom
4:30 pm - 6:30 pm	Pre-conference Workshop Dough Basti Demonstration with <i>Seva Van Why, AP, HHP, LMT, RYT, Seva Ayurveda, NAMACB</i> Room: Zermatt Ballroom ** Complimentary - Requires additional registration **
5:00 pm - 6:00 pm	Research Committee Meeting with NAMA Room: Powell Room
5:00 pm - 6:30 pm	School Sub-Committee Meeting with NAMA Room: Valhalla Room
6:30 pm - 7:00 pm	Welcome Networking Event with Diamond Sponsor, Lybl & NAMA Room: Gore Pavillion
7:00 pm - 8:00 pm	Sound Healing Bath with Valerie Weyrich Room: Zermatt Ballroom

Friday, May 17th, 2024	
6:30 am - 7:30 am	Morning Yoga Room: Zermatt Ballroom
7:00 am - 8:00 am	1:1 Business Coaching (by appointment only) Business Development Coaching One-to-One with <i>Bill Hershey, Business Coach and Business Educator, LifeStream</i> Room: Zermatt Foyer
8:00 am - 8:45 am	Welcome Address Land Acknowledgement Meet the Sponsors with Jayarajan Kodikannath, BSc, BAMS, AD, NAMA Board of Directors President Room: Cascade Ballroom
8:45 am - 9:15 am	Highlighted Speaker: John Douillard, DC, CAP, LifeSpa Room: Cascade Ballroom

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9:15 am - 10:15 am	<p>Featured Speaker: Kevin Casey, Banyan Botanicals The Future of Ayurveda: Trends, Opportunities and Challenges in the 21st Century Room: Cascade Ballroom</p>
Session Break Activities	
10:30 am - 11:30 am	<p>1:1 Business Coaching (by appointment only) Business Development Coaching One-to-One with <i>Bill Hershey, Business Coach and Business Educator, LifeStream</i> Room: Zermatt Foyer</p>
	<p>Research Poster Presentations Room: Gore Ballroom</p>
	<p>Networking: State Meet & Greet Connect with other attendees supporting Ayurveda at the local level. Room: Cascade Ballroom</p>
Concurrent Sessions	
11:30 am - 12:30 pm	<p>General Session Allied Sciences Ayurveda and Yoga Therapy: Synergistic Pathways to Optimal Health with <i>Nishita Shah, E-RYT500, YACEP, C-IAYT, CAP, The Ayurveda Institute and SoHum</i> Room: Cascade Ballroom</p>
	<p>General Session Clinical Outcomes Ayurvedic Management of Jwara: Treatment for Fever and Inflammation with <i>Shailinder Sodhi, BAMS, ND, Ayush Herbs</i> Room: Gore Ballroom</p>
12:30 pm - 1:30 pm	<p>Lunch for all Conference Participants Room: Gore Pavillion</p>
Concurrent Sessions	
2:00 pm - 3:00 pm	<p>General Session Discussion Panel Achieving our Collective Vision: A Roundtable conversation with our stakeholders with <i>Hilary Garivaltis, NAMACB, Madison Madden, AD; Lisa Cavallaro, PsyD, C-IAYT, AAC & Alyssa Wostrel, IAYT</i> Room: Cascade Ballroom</p>
	<p>General Session Sustainable Wellness Sustainable Practices: Ayurveda and Environmental Stewardship with <i>Suniti Ramanujam, Pure Mitti</i> Room: Gore Ballroom</p>

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Concurrent Practicums	
3:15 pm - 6:15 pm	Practicum Herbs, Agriculture and Environmental Sustainability How to include Western herbs in your Ayurvedic Practice with <i>Heather Burkart, CAP, CPT, E-RYT 500, Her Well Being Ayurveda & Nina Raymond, Botanist, LMT</i> Room: Cascade Ballroom
3:15 - 4:45 pm	Practicum Business and Technology Tech-Enabled Ayurveda: A Sustainable Solution for Healthcare Transformation with <i>Trisha Swift, DNP, MS-MAVIM, MSN, RN & Carlie Irvin, FNP-BC, Shoona</i> Room: Gore Ballroom
4:45 - 6:15 pm	Practicum Business and Technology Digital Transformation and Ayurveda: Bridging Ancient Wisdom with Modern Technology with <i>Carlie Irvin, FNP-BC, Shoona</i> Room: Gore Ballroom
6:15 pm - 7:45 pm	Dinner on your own
7:45 pm - 8:45 pm	Yoga Nidra with Ginger Hooven (<i>pajama attire welcome!</i>) Room: Zermatt Ballroom

Saturday, May 18th, 2024	
6:30 am - 7:30 am	Morning Yoga Room: Zermatt Ballroom
7:00 am - 8:00 am	1:1 Business Coaching (by appointment only) Business Development Coaching One-to-One with <i>Bill Hershey, Business Coach and Business Educator, LifeStream</i> Room: Zermatt Foyer
8:00 am - 9:00 am	Featured Speaker: Vrinda Devani, MD, FACOG, AP, MAHEC, AyurPrana Panchakarma and How it is Practiced in the Modern World for Disease Management Room: Cascade Ballroom
9:00 am - 10:30 am	General Session NAMA Membership Meeting with <i>Jayarajan Kodikannath, BSc, BAMS, AD, NAMA Board of Directors President & Lucia Guitierrez, PhD, NAMA Executive Director</i> Room: Cascade Ballroom
10:30 am - 11:15 am	Ghee Tasting Room: Cascade Foyer

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Concurrent Sessions	
11:15 am - 12:45 pm	General Session Business and Technology Building a Sustainable Ayurvedic Practice with <i>Bill Hershey, Business Coach and Business Educator, LifeStream</i> Room: Cascade Ballroom
	General Session Ethics Ethics and Legal Issues in Ayurveda with <i>Cynthia Copple, AD & Hilary Garivaltis</i> Room: Gore Ballroom
12:45 pm - 2:00 pm	Lunch for all Conference Participants Room: Gore Pavillion
Concurrent Sessions	
2:00 pm - 3:30 pm	General Session Herbs, Agriculture and Environmental Sustainability Ayurvedic Herbal Medicine: Protection of Biodiversity and Sustainable Harvesting Techniques with <i>Virender Sodhi, MD (Ayurveda), ND, Ayush Herbs</i> Room: Cascade Ballroom
	General Session Public Health Ayurvedic Approach to Stress Management and Mental Wellbeing with <i>Harpinder Kaur, Chief Scientific Officer, Komal Herbs & Meenakshi Gupta, BAMS, MD (Ayurveda), AyurRoots</i> Room: Gore Ballroom
Session Break Activities	
3:30 pm - 4:30 pm	State Sub-Committee Meeting Room: Zermatt Foyer
	Professional and Student Member Sub-Committee Meeting Room: Gore Ballroom
	Networking: Narrow Your Niche Come and meet other professionals with similar interests in the Ayurvedic Profession. Room: Cascade Ballroom
Concurrent Sessions	
4:30 pm - 6:00 pm	General Session Allied Sciences Expanding your Practice: Vastu and Jyotish for Harmonious Living with <i>David McConaghay, AD, COLORAMA & Michael Mastro, Co-founder Vastu Creations, LLC</i> Room: Cascade Ballroom
	General Session Clinical Outcomes Pediatric Ayurveda: Nurturing the Future Generation with Ancient Wisdom with <i>Vandana Baranwal, BAMS, MD (Ay-BHU), AyurveDatri LLC, Ayurveda Association of</i>

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	<i>Ohio & Manju Kolli, AD, MS-Pharmaceutical Technology, CAAM</i> Room: Gore Ballroom
6:00 pm - 9:00 pm	20th Anniversary Dinner and Laxmi Dance and Kirtan Celebration with <i>Jayarajan Kodikannath, BSc, BAMS, AD, NAMA Board of Directors President; Michael Henry Dunn, Kirtan Artist & Sharron Rose, M.A. Ed., Master Dancer</i> Room: Gore Pavillion

Sunday, May 19th, 2024

7:00 am - 8:00 am	1:1 Business Coaching (by appointment only) Business Development Coaching One-to-One with <i>Bill Hershey, Business Coach and Business Educator, LifeStream</i> Room: Gore Pavillion
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Concurrent Sessions

8:15 am - 9:45 am	General Session VedaTalks TedTalk style conversations with <i>Supriya Bhat, AWP, Prakriti Sattva LLC; Melissa Camacho, AD, LAc, Dipl OM (NCCAOM); Kate O'Donnell, CAP, Ayurvedic Living Institute; Gina Preziosa, Vice President of Sales, Shankara; Erin Douglas, Senior Social and Environmental Responsibility Manager Banyan Botanicals & Emily Murphy Kaur, MA, MS, AP, Setu Vermont</i> Room: Cascade Ballroom
	General Session Clinical Outcomes Ayurveda Approach to Neurological Disorders: Parkinson's, Alzheimer's and beyond with <i>Rammohan Rao, PhD, Principal Research Scientist ApolloHealth, Inc & Manju Kolli, AD, MS-Pharmaceutical Technology, CAAM</i> Room: Gore Ballroom
10:00 am - 12:00 pm	Featured Panel Discussion Nurturing Tradition, Embracing Innovation: Charting the Future of Ayurveda with Technology and Sustainability with <i>John Douillard, DC, CAP, LifeSpa;, Kevin Casey, Banyan Botanicals & Vrinda Devani, MD, FACOG, AP, MAHEC, AyurPrana</i> Room: Cascade Ballroom

Post Conference Practicum

2:00 pm - 5:00 pm	Practicum Panchakarma Panchakarma and Rejuvenative Therapies with <i>John Douillard, DC, CAP, LifeSpa, Dhanada Kulkarni, BAMS, LMT, BCM, CYEd, CCRP, TAMV & Sangeeta Sharma, MD, PhD Panchakarma, Maharishi International University</i> Room: Cascade Ballroom ** Requires additional registration and fee **
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