

VASTU TIPS TO IMPROVE THE SUCCESS OF YOUR AYURVEDA BUSINESS



*American Institute
of Vastu*

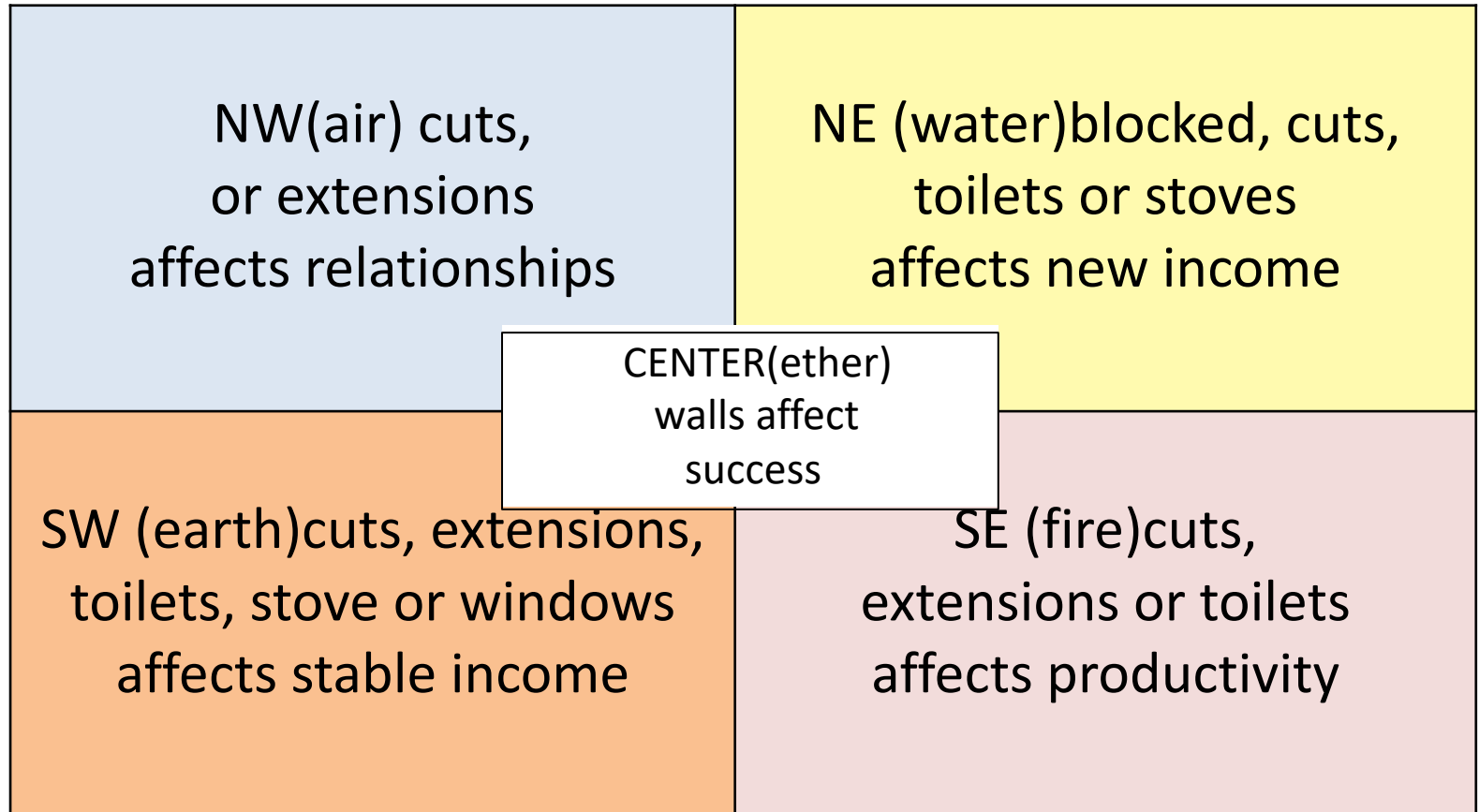
Designed the first Microsoft building
using vastu



There are 7 things that create environmental stress that affect your business

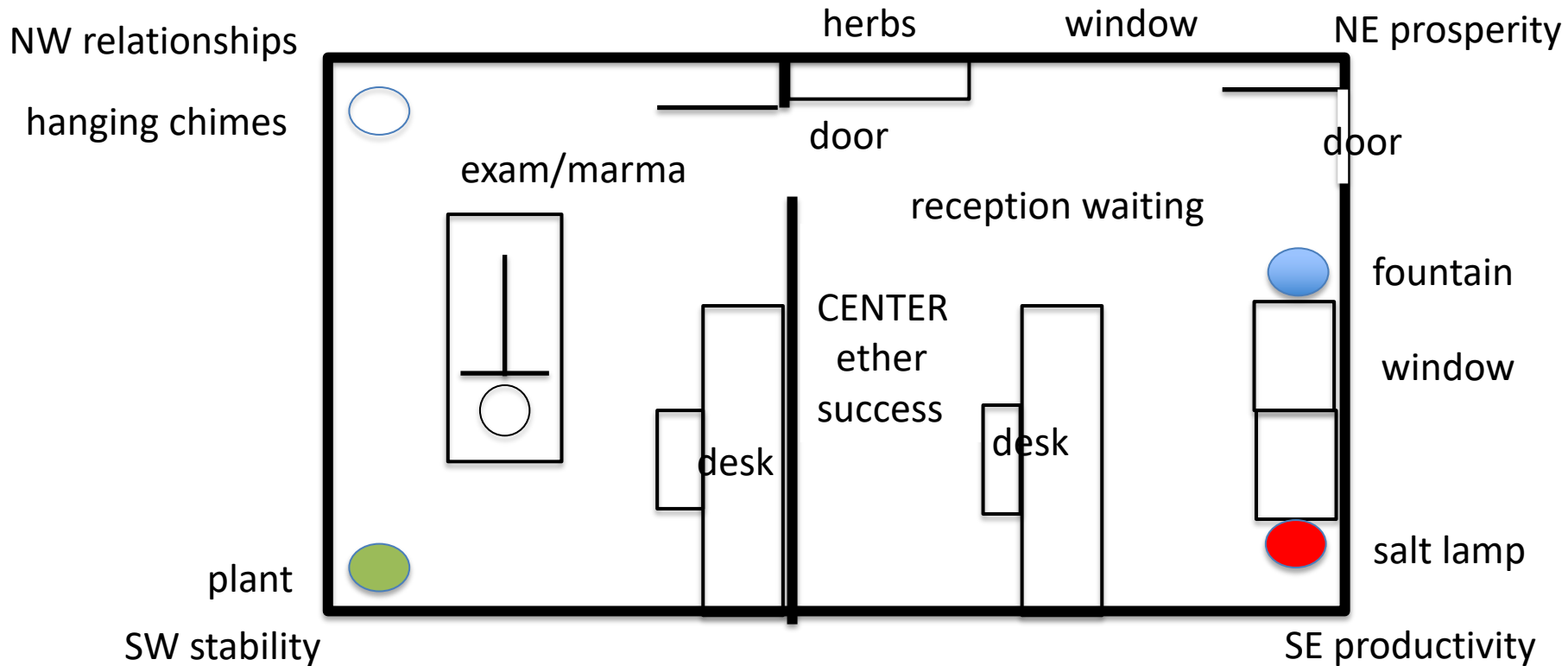
- 1. alignment
- 2. placement
- 3. shape
- 4. energy leaks
- 5. blocked energy
- 6. clutter
- 7. Electromagnetic radiation (EMF)

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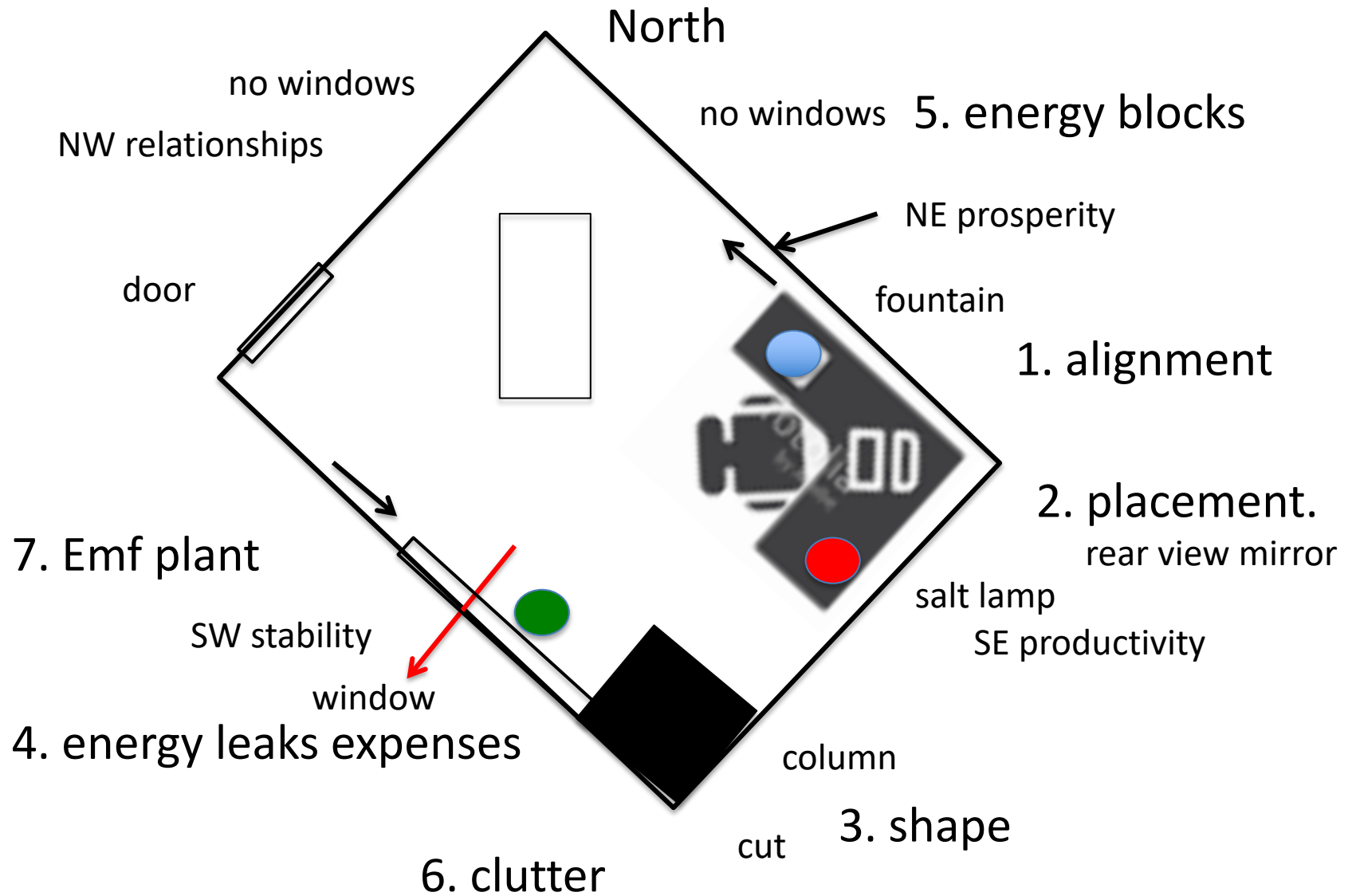
ideal small ayurvedic office

North

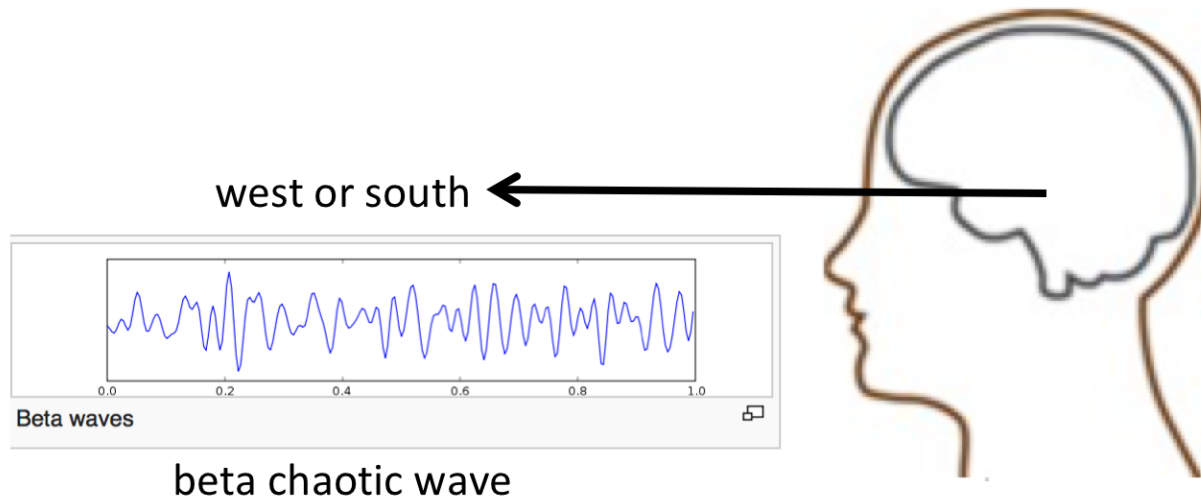
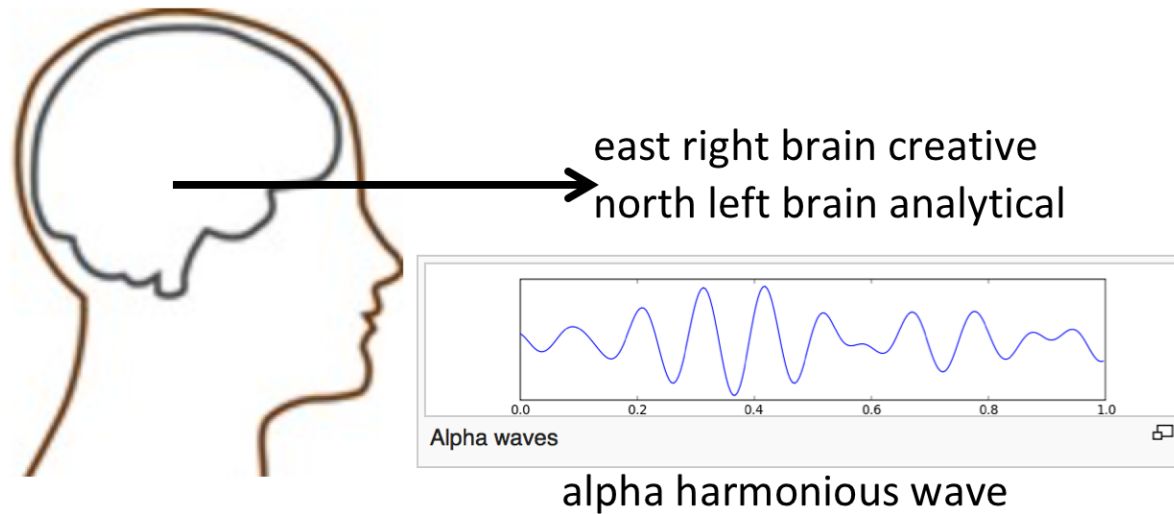


1. alignment
2. placement.
3. shape
4. energy leaks expenses
5. energy blocks
6. clutter
7. Emf

Not ideal ayurvedic office set up



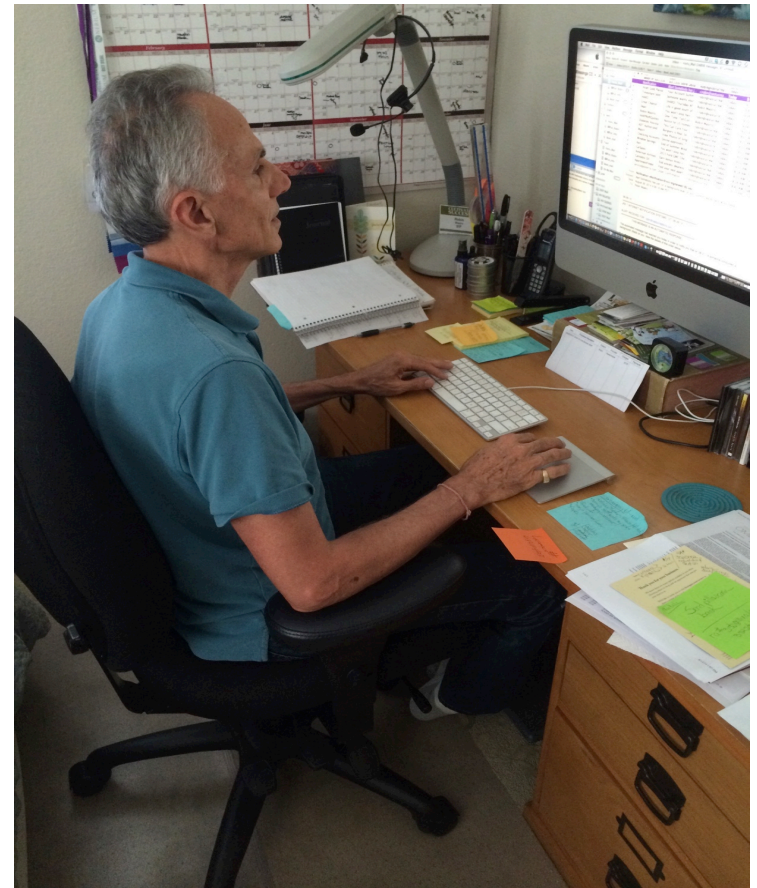
1. Alignment and Productivity Studies



1. Align yourself with the forces of nature by facing north or east.

This will increase productivity and creativity while working. Use for:

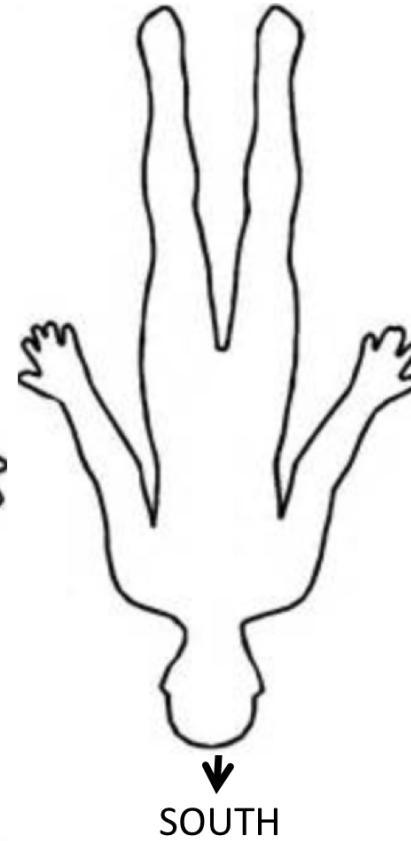
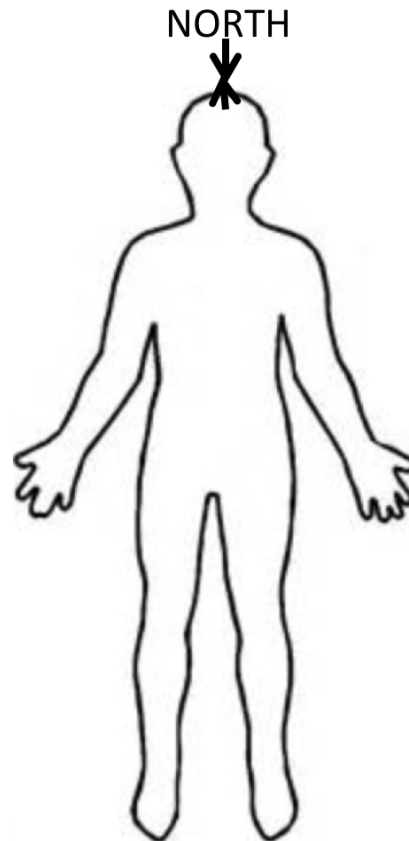
- diagnosing
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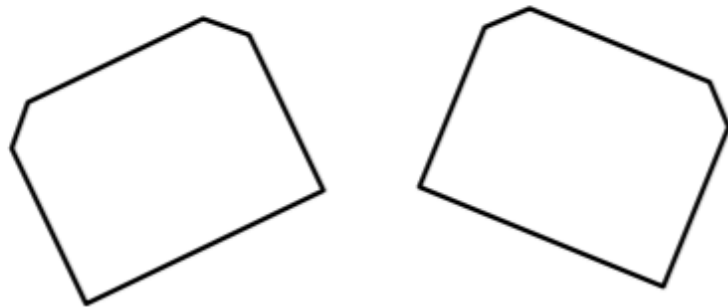
1. The Direction You Sleep: Brain Wave Sleep Studies on Alignment

REM affects neural
path development &
memory consolidation

headboard to the
north creates
shorter REM cycles
disturbed sleep
disturbed blood flow
circulation & digestion



headboard to the
south creates
longer REM cycles
improved blood flow
circulation, digestion



north

NW

chimes
expenses
outgoing



NE

water

east

SW

plant
assets held



SE

salt lamp

Northwest	North	Northeast
air/sales, staff, legal	planning	water/entry
losses, bills	management	reception
finished product	safe	meditation room
cust. satisfaction	real estate affairs	management
sky pictures	petty cash	ocean pictures
light blue/moon	light green/mercury	light yellow/jupiter
West	Center	East
conference room	open space	research and
incomplete	atrium	development
transactions	court yard	entry
disharmony	limitations	legal difficulties
mountain scenes	new openings	pictures of sun
blue/saturn	white	orange/sun
Southwest	South	Southeast
earth/CEO	security	fire/kitchen
executive offices	cafeteria	processing/fuse box
stocks wills tittles	stairs	heating, AC lights
assets income taxes	pantry	productivity
mountain scenes	desert scenes	desert scenes
earth tones/rahu	rose/mars	rose/venus

7. NASA studies have shown indoor plants can reduce EMF's and stress which will improve productivity



Office Tips review

- Face east when you see patients or do treatments
- Face north for analyzing and accounting
- Ideally don't sit with your back to a door. Use a rear view mirror if this is not possible
- Table 4 inches away from a wall for emfs
- Avoid clutter
- Rectangular tables not oval or round
- Don't sit under beams
- Mirror, clock and calendar on east or north walls
- Altar battery votive(SE), bell (NW), water bottle (NE), paper weight (SW) or pyramid for focus
- SW office is best for owner
- Waste basket NW

3 Things That Affect Career Success

1. Reduce the stress in your mind and body through meditation, yoga, pranayam, exercise and Ayurveda
2. Reduce stress in home and work environments through Vastu remedies
3. Jyotish is a Map of Your Karma/reduce planetary stress through remedies

Key points to look and ask for:

- Is your residence aligned to the cardinal directions?
- What direction do you face when you look out your front door?
- Does your residence have missing corners or extensions?
- Do you have stoves or furnaces in the NE, or SW?
- Do you have NE facing windows?
- Do you have SW facing windows?
- Do you have a smart meter or router?
- Where is there clutter in your residence?
- What direction do you sleep and what area of the residence do you sleep in?
- What direction do you face when you work, meditate & pray?
- Do you sleep with your windows open even slightly?
- Do you suspect any mold in your residence?
- Ask them for an address and a simple sketch showing north arrow, outer shape, windows, doors and placement of stove, furnace, fusebox, water tank, fireplace, toilets beds and desks.

Online analysis for home or office with yantras for energetic corrections

- Under services at vastucreations.com
- use code krs for 20% discount
- questions michaelmastrovastu@gmail.com
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